

Healthroads Connected! Wearable Fitness Devices and Apps

For most devices, data will be populated within 10 – 15 minutes; however, certain devices may upload less frequently and may take up to 24 – 48 hours to display.

In some cases, we are able to display “historical data,” which is activity data from your wearable fitness device or app accrued prior to syncing with the Healthroads Connected! program. The availability of this data varies by manufacturer.



* This list is a sample. Wearable fitness devices and apps will continue to change with the marketplace. The Healthroads Connected! program does not cover the cost of wearable fitness devices/apps. Wearable fitness devices may track other activity types other than what shows on Healthroads.com. List updated 07/11/16.

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